



The Luffing Lassies is the premier sailing organization on the west coast of Florida with over 90 members.

Our members are a diverse group of women of all ages, backgrounds and levels of sailing experience. Our sailors range from novices to world champions. Every Lassie is also a volunteer and the group contributes more than two thousand hours per year teaching, sailing and staffing SSS club and FWSA events.

You will not find a group more dedicated to fostering sailing, sportsmanship and having fun!



Contact Information
LassieCaptain@gmail.com

www.luffinglassies.org



Sarasota Sailing Squadron
1717 Ken Thompson Pkwy
Sarasota, FL 34236



Join the Luffing Lassies and Learn to Sail!



- Women teaching women sailing skills – all volunteers
- Sail small one-design boats
Sunfish, 420s, and Hobie Waves
- Races every Thursday
September - May (8:30am – 1:00 pm)
- Participate in and support sailing events at the Sarasota Sailing Squadron and Florida Women's Sailing Association



Luffing Lassies promote teamwork, sportsmanship and volunteerism.



Sailing is a physical activity Basic fitness and agility are essential to:

- Pull the 130 lb. Sunfish from a storage rack and roll it up and down the beach slope to launch
- Quickly crouch into a squat, duck under a moving boom and move from side to side on the boat
- Swim comfortably for at least 100 yards unassisted
- Pull yourself from deep water onto your boat in the event of a capsized

Luffing Lassies have a sense of humor and love to have fun no matter what we're doing!



2023

Introduction to Sailing

Learn how to sail a 14' Sunfish

Orientation

September 14
8:30 AM – 12:30 PM

Sailing Instruction

September 18 - 22
8:30 AM – 2:30 PM

Racing Instruction

September 25 - 29
8:30 AM – 12:30 PM

Skill Building and Racing

Thursday Mornings
October - May

**All Dates subject to change
Join the fun!**

Email lassiecaptain@gmail.com

Estimate of First Year Costs

Includes Introduction to Sailing program, boat rental, numerous sailing events and social gatherings, and membership with the Luffing Lassies and the SSS.

Intro to Sailing	\$250 (Sept -May)
Sunfish Rental	\$250 (Sept -May)
SSS Initiation Fee+	
Annual Dues	*\$430-\$600 (Oct 1, 2022)

*SSS initiation fee is paid onetime only. It's an additional \$100. Annual dues (recurring) are set depending on whether you reside within or outside the city limits of Sarasota. Annual dues can be paid monthly. Other fees may also be charged. SSS membership is mandatory; it provides access to the launch area and the entire facility, plus participation in all SSS events. **SSS fees are an estimate and are subject to change. For current fees go to www.sarasotasailingsquadron.org.**

Sunfish rental is for one year only. You will need to purchase a Sunfish or rent a privately owned Sunfish or crewed boat after the first year.

